

1LT Michael L. Runyan 5k run and walk

Sunday May 28, 2017 at 9 A.M.

Registration begins at 7:30 A.M.

Race details:

- Race begins and ends on the Ashland University track (1000 Broad St., Ashland, OH 44805)
- Chip timing
- Awards to top three overall Male and Female and top 3 finishers male and female in each age group
- T-shirt guaranteed if registered by May 12

*Free kids' ¼ mile fun run on the track following 5k with all preregistered children guaranteed a t-shirt! Send to **lrunyan5k@gmail.com** the following information: number of children participating, sizes (YS, YM, YL), last name. Child will be registered and t-shirt can be picked up at registration table.*

\$25.00 race fee prior to May 26 (\$2.50 online registration fee)

\$30.00 race fee day of registration

Register by May 12 to be guaranteed a t-shirt!

**Limited number of shirts will be available the day of the race for registrants after May 12*

***Online registrants will not be able to select a shirt size with registration after May 12*

****Online registration closes at midnight Friday May 26!*

To register go to <http://ohioraceday.com> or detach form below and return with check (made payable to 1LT Michael L Runyan 5k) to: 1LT Michael L Runyan 5k
1301 Co. Rd. 1356
Ashland, OH 44805

Waiver and Release: By participating in this event, I do so at my own risk. I assume all risk of injury, illness, damage, or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of an injury, accident, and/or illness during the event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents, and assigns) to release and discharge the organizers of this event, its principals, its officers and directors, from any and all claims or clauses of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this Waiver and Release and fully understand that it is a release of liability. By my signature below, I am waving any right that I may have to bring legal action to assert a claim against any and all event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video, social media, or print media reporting or advertising of the event without compensation.

First name: _____ Last name: _____

Address: _____

City/State: _____ Zip: _____

Gender: M F Adult T-shirt size: S M L XL XXL

Email: _____

Birthdate: ___/___/___ Age on race day: _____

Signature: _____

Parent signature (if under age of 18): _____

*“Greater love hath no man than this; to lay down one’s life for a friend.”
John 15:13*